

# TVextra

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A large background photograph showing two men in a jungle. On the left, a man with a bandaged eye and a light-colored shirt. On the right, a shirtless indigenous man with a necklace. The title 'To HELL and BACK' is overlaid in the center.

## *To* **HELL** *and* **BACK**



*Kokoda revisited*





## What started as a tribute to the Diggers of Kokoda turned in to a harrowing misadventure for some of the celebrities who took part

It seemed like a good idea at the time. To mark the half century since the successful Kokoda campaign that halted the Japanese war machine's march south through New Guinea into northern Australia, *A Current Affair* decided to invite a group of well-known Australians to make the trek up the notorious Kokoda Trail.

The idea was to get a feel for what the Diggers — average age 18.5 — might have gone through in what many historians now consider Australia's most significant wartime encounter since Gallipoli.

The ensuing one-hour documentary, which airs on Nine's *A Current Affair* (Thursday 6.30pm) instead chronicles a harrowing trek by mostly unprepared celebrities, resulting in a string of serious injuries, evacuations and even a couple of



**Star trek:** These famous Aussies took on the Kokoda Trail. And lost.

near-death experiences.

At the end of the 10-day ordeal, led relentlessly by former army officer Charlie Lynn, the roll-call stood thus:

★ **Angry Anderson:** Our coverboy broke down with extreme exhaustion and had to pull

out for three days to recover.

★ **Tim Owen:** A historian and nephew of legendary wartime photographer Damien Parer, Owen pulled out after Day 1 (a 22-hour trek) with extreme exhaustion.

★ **Shelley Taylor-Smith:** The champion long-distance swimmer

stumbled and twisted both ankles, and had to drop out for four days. Dr Kerry Phelps stayed behind with her.

★ **Dermott Brereton:** The footy hero did a hero and had to relinquish his backpack to a porter.

But that's not all. The documentary's director, Philip Kemp, had to be airlifted out with infected feet, two native porters dropped out with leg injuries and another with malaria. All members of the celebrity trek had to relinquish their packs except former ironman and Olympic kayaker **Grant Kenny**.

Of the others who took part, Brereton's wife **Toni**, actor **Collette Mann** and singer **Daryl Braithwaite** got through unscathed. Mind you, Braithwaite and Mann looked 10 years older.



**Trekkie:** Colette Mann pushed herself to the limit to complete the trail.

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## Now that's Mann power

The most unlikely hero of the Kokoda trek was Colette Mann, who had expected "it would be like a walk through the Botanical Gardens". Instead, constant tropical rain, extremely rugged terrain and unbearable heat turned the trek into a nightmare. Dr Kerry Phelps described each day as the equivalent of "a 15-hour step-class in a sauna". For the slower Mann, it was much, much worse. She and her porter, 17-year-old Donald Vavala, often trekked up to 15 hours — four or five hours longer than the others and well into the night — to catch up.

Because of her almost constant exhaustion and nighttime trekking, Mann had what she calls two "near-death" accidents: Once she stumbled and rolled down a steep incline and on another occasion fell into a fast-moving stream. On both occasions she was saved by Donald, who has since been adopted into the Mann extended family. She and her husband John Hall want to pay for Donald's education, and will bring him to Melbourne in July for a holiday. Hall said when his wife came home "she needed like a debriefing. It had all been so life-changing. She slept for two weeks".

# Stars rise and fall on Kokoda

The Australian  
Wednesday, April 24, 1996

WHAT do you get when you combine the historic Kokoda Track with a bunch of celebrities? The answer, judging from Nine's *A Current Affair*, is a disaster, of significant proportions, with the odd triumph thrown in.

When the bedraggled trekkers gratefully finish the 100km nine-day trek in Papua New Guinea they have, between them, battled enough injuries - mental and physical - to keep flying doctor in business for a month.

On the Kokoda an exhausted Angry Anderson becomes a mere pussy cat - reduced to tears in the consoling arms of former army major Charlie Lynn, who led the team's Kokoda assault.

Even producer Philip Kemp has to be stretched home on the final leg of *ACA's Kokoda Challenge*, in which personalities such as former iron man Grant Kenny, actor Collette Mann, musician Daryl Braithwaite and Aussie rules legend Dermott Brereton retrace the steps of our Diggers to mark the end of war 51 years ago.

Heatstroke, sprained ankles, twisted knees, infections and mental doubts reduce this modern-day Kokoda Team to a rag-tag outfit that would have been a pushover for any enemy lurking around the next tree.

But, in contrast to our World War 11 heroes, that threat wasn't a reality, and this group didn't have to carry weapons, ammunition and wounded colleagues in addition to backpacks loaded with provisions.

Lynn gave advice on fitness in the weeks before the trek, but says it's one of those things you can describe to someone, but until you've experienced it you can't mentally prepare.

The mud, slush, humidity and sounds and mysteries of the jungle combine to form a daunting concoction that's a shock to the system, at least for a couple of days.

He believes that, perhaps - "it's not a criticism" - celebrities are used to being looked after and when something goes wrong there's always someone on hand to step in and fix it. "On Kokoda you've got to fix it yourself."

There were other dramas outside the group. At one village Dr Kerryn Phelps, who is kept busy with the walking, and non-walking, wounded, discovers a woman and

baby suffering from viral pneumonia. A passing plane is radioed to take them to hospital, almost certainly saving their lives.

Braithwaite, whose father served in PNG during the war, wanted to experience something of what he had to endure. It was, he says, the toughest test he has faced. "I was determined to make it, no matter what. But it was really, really hard."

For him the worst part was continually making camp after dark - often not until midnight and, on the first day, at 3am after 22 hours on the move. ("It was because they were so slow," says Lynn).

Braithwaite says that sharing an experience that will stay with them for the rest of their lives had a strong bonding effect on the group. He now understands the annual Anzac reunions. "I used to look at them on TV and think: 'why do they do it?'"

Were the groups' agonies put on, or at least exaggerated for the cameras? "You don't have to stage anything over there," says Lynn. "The first time I did it I regarded it as the toughest thing I'd done and I'd competed in iron man triathalons and 24-hour ultra marathons. Nothing prepared me for Kokoda and nothing could compare with it."

Most people attempting the trek initially undergo a massive period of self-doubt, he says. "I know they're going to make it, but I can't convince them at that stage. They have to work that out for themselves."

"But, as they come out of it and conquer it, their confidence is enhanced tremendously."

Lynn has even turned the Kokoda into a corporate leadership program. Participants face a tougher test than the one faced by the *A Current Affair* personalities, tackling additional tasks such as bridge-building and constructing stretchers to carry "injured" colleagues.

Lynn claims that in most corporate training, "people can bullshit their way through, but on Kokoda you can't hide. Once you're committed, you're committed." The historical significance gives it that much more power.

He started organising the treks in 1992, when he realised people didn't know

much about Kokoda's history - "and, of more concern to me, they didn't seem to care".

He decided the only way he could make people appreciate its significance was to take them over to experience it.

Lynn, a walking history on Kokoda, gives his charges a lesson on the significance of areas on the way. At Isurava - "Australia's Alamo" - 50 young Australian's without food and low on ammunition, held off the Japanese for two days. They were all that stood between them and Port Moresby.

The average age of the 450 men of the 39<sup>th</sup> battalion, who had to do battle with 9000 Japanese troops was just 18.

*A Current Affair, Nine at 6.30pm, Thursday.*

### Angry helps Nine to stay on Track

WHEN former Rose Tattoo singer Angry Anderson led a team along the Kokoda Track, he also led Nine's *A Current Affair* to a ratings victory.

A moving one-hour ACA special featuring Anderson and several celebrities trekking along the track in Papua New Guinea was the top rating program for the week ending April 27, with 2.496 million viewers tuning in.

The special, which screened from 6.30pm last Thursday, retraced the steps of World War 11 Diggers to mark the end of the war 51 years ago. Featuring personalities such as Colette Mann, Grant Kenny, Dr Kerry Phelps and Daryl Braithwaite testing their survival skills on the track, the program was critically acclaimed as a moving piece of TV. And the public vindicated the critics' choice, with the Kokoda Track special attracting 827,000 more viewers that watched *A Current Affair* during the rest of the week.