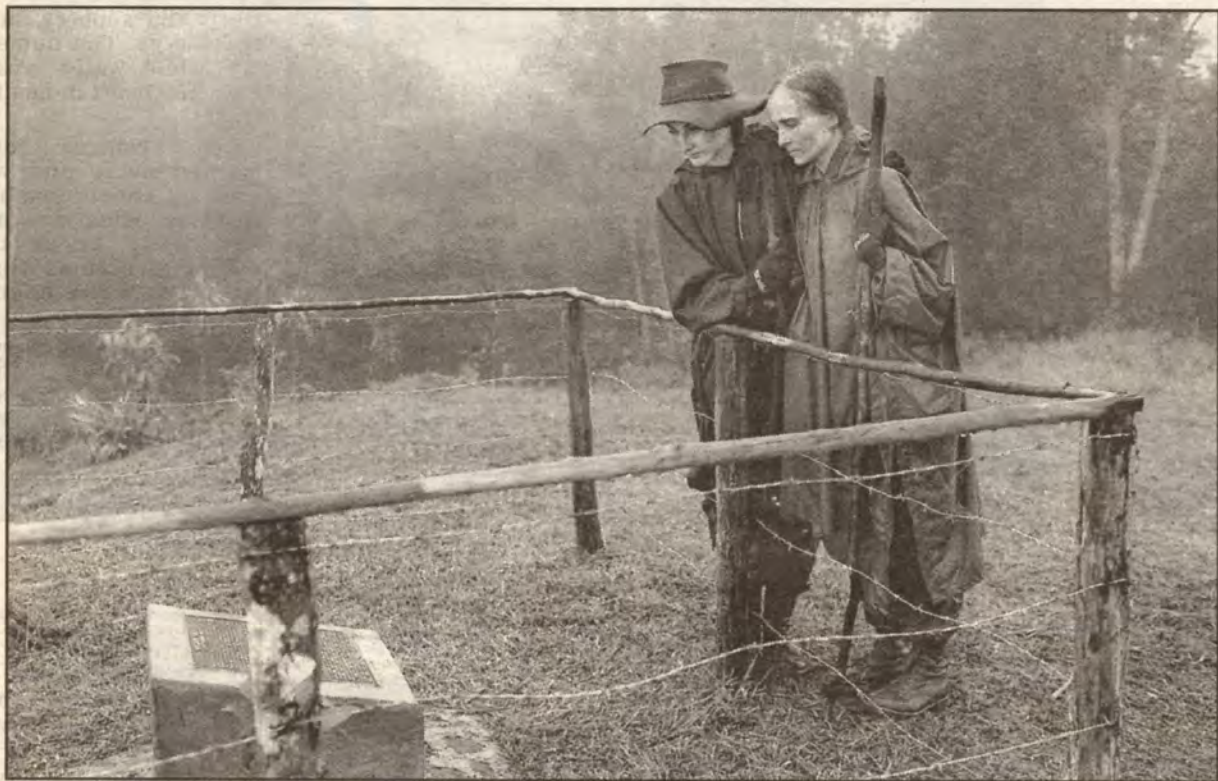


Kokoda Track



Twins Susan Segwick and Jayne Puttman, whose father fought on the Kokoda Track in WWII

He lets Cha know it has to pull up its boots — stop stuffing around and make goals. “At the moment there’s no commitment with this team.”

Heaven is bucketing down on our hell. Cha does kick in, moving at pace for the first time, despite the tangled labyrinth of tree root tentacles under foot. On Charlie’s map (the one the teams get, not the sheet that gives the real readings!) day three is a

dad, Robert Puttman, fought as a soldier in WWII. For Jayne and Susan, this trek is their salute to him.

On this stark, grave-crossed, rain-ridden hill, there are emotional explosions. The mob huddles in unconscious solidarity, some weeping as Charlie relates the awful battle tale.

The track is an adversary that boosts understanding of self, others, history, environment

Catherine Chia, senior information systems officer at CRA headquarters in Melbourne, is the designated “injured”. Her fungal feet are giving her hell, but she would much rather tread the track than experience the terror of the carry up the sheer, rocky goat path from Templeton’s Crossing, No 1.

But with the right attitude — “okay, that’s the challenge, let’s go”

I’ve been stuck in a position where I couldn’t say ‘I want to get off the bus!’

“You just can’t stop and say I just want out. I’m going home!”

“You’ve got to face yourself.”

Charlie says: “I guess, at the end of the day all you have is memories. But to have memories you have to get out and create them.”

Memories of Kokoda will linger long after the