

Charlie Lynn's holiday package includes a good measure of fear, exhaustion, injury and shock, which may be why Australia's largest companies think he's great.

MARK LLEWELLYN reports.



Charlie Lynn ... "People can be highly resilient, but the track is unforgiving."

Is this the World's meanest tour-guide?

Lynn believes adversity should be introduced to Australian business on a planned scale. "We don't need another war; all you need to do is take people out of the system and take them back to basics where they can't hide behind their desks - to get rid of all the crap."

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COOOO-EEEEEE! Five o'clock in the morning and the Kokoda shuffle begins again. The humidity is draining and the washed-out jungle track is little more than a series of irregular steps between tangled trees

for hour after hour up another mountain turned to slime. Then yet more hours of clambering and slipping through the night towards the next camp.

For some, other tasks were more demanding. Delivering supplies and equipment to villages, carrying the whole group's tents, food and cooking equipment, may have been bearable, but the four mornings of climbing before breakfast, hacking through the

jungle to find waterfalls and WWII aircraft high in the hills, took their toll on badly aching bodies - which still had to survive the track itself.

Gone are the days when the only way to get to adventure campgrounds was in a beat-up Kombi. These days, Outward Bound even has a 100-foot, three-masted schooner to sail 1,000 corporate clients a year from abseiling point to navigat-

THIRTEEN hours up a mountain and Xiaoling Liu is crawling on her hands and

NSW Upper House, was also once the NSW 24-hour ultramarathon record holder and director of the Westfield Run.

shock) by laying across his body, it warned that he must, at all costs, be kept cool.

And then there was the trekker

